



2020-21 Community Resources

The Education to Career Network is dedicated to the wellbeing of all students and their families, both inside and outside of the classroom. Our goal is to help our students connect with programs and services that can help with the various obstacles they may face on the path to a new future. The following is a compilation of North County community resources covering a variety of programs and services from childcare options to financial assistance programs. For more information about any of the services and providers listed below, please contact each one directly by visiting their websites, calling for visiting their office.

Our adult education career counselors are available at each school site to help you get started, so feel free to call or stop by one of our locations today.

Childcare

For students needing childcare services in order to attend classes, two of our campuses currently offer with onsite childcare or partner with offsite service providers to assist you. Availability is subject to change, so we invite you to contact each campus directly to learn what is currently available and how they can help.

Schools Currently Offering Childcare Services Include:

[Escondido Adult School](#)

[Vista Adult School](#)

Watch our Parent Education Program video [here](#).

Transportation

Network campuses are accessibly from a variety of public transit services. For information about transit routes and schedules in North County, visit www.GoNCTD.com or call 511 for personalized trip planning.

Health and Medicine

Medi-Cal

For a complete list of information about Medi-Cal, visit: <http://www.dhcs.ca.gov/individuals/Pages/default.aspx>

Coast Compounding Pharmacy

1838 S. Coast Hwy | Oceanside, CA | (760) 433-6232

Health and Human Services

1315 Union Plaza Ct., Oceanside, CA | (760) 754-4747

Interfaith Monthly Clinics

550 W. Washington Ave., Escondido, CA | (760) 489-6380

Provides services for adults every 4th Wednesday of each month, including immunizations, tuberculosis tests and Hepatitis A vaccines.

Mental Health Systems

1700 Mission Ave., Oceanside, CA | (760) 967-4475

NC Health Services

605 Crouch Street., Oceanside, CA | (760) 757-4566

North Coastal Public Health Center

104 Barnes Street, Oceanside, CA | (760) 967-4401

Planned Parenthood

1964 Via Centre, Vista, CA | (888) 743-7526

Vista Community Clinic
4700 N. River Road., Vista, CA | (760) 631-5000

General Counseling

Adult Anger Management
200 Michigan Ave., Vista, CA | (760) 842-6216 | www.nclifeline.org

North County Lifeline, Inc.
110 Copperwood Way, Oceanside, CA | (760) 757-0118
Individual, group, family, and couple counseling.

Financial Guidance

Good Samaritan Program
(866) 907-5030
Free budgeting tools, educational resources, videos, webinars, certified credit counseling.

Volunteer Income Tax Assistance (VITA)
422 Los Vallecitos Blvd., San Marcos, CA | (760) 504-5889 | www.myfreetaxes.org
VITA offers free tax assistance for individuals with disabilities, seniors, limited English speakers, and those with low-income jobs. Families may also prepare their own taxes within the computer labs. Schedule an appointment by visiting the website above.

FAFSA (Federal Student Aid)
1-800-557-7394 | www.studentaid.ed.gov/sa/fafsa
Complete a free online application to apply for financial aid including grants, scholarships, and student loans.

Utility Assistance

CUI Heap Program

(800) 371-1380

Assistance with energy bills.

Universal Lifeline

(800) 310-2355

Unions United

(858) 636-4116

Unions United supports struggling working families. A “safety net” of emergency assistance helps individuals and their families stay stable during difficult times. This includes rental assistance, utility assistance, and emergency food.

Disability Services

Access to Independence

1440 S. Escondido Blvd, Escondido, CA | (619) 293-3500

Free services for people with disabilities to become more independent. Services include housing resources, independent living skills, training, peer counseling, advocacy, and assistive technology.

Legal Assistance

ACES Child Support

(800) 738-ACES

Center for Community Solutions
(858) 272-1574

Temporary restraining orders, child custody, court, legal domestic violence issues.

Family Court Services

325 S. Melrose Drive, Vista, CA | (760) 201-8300

North County Family Court Service assists parents with custody issues, developing a cooperative parenting plan, medication, and many other services.

Legal Aid Society

216 S. Tremont St., Oceanside, CA | (760) 430-8066

Free legal services for a variety of laws such as housing, family and criminal.

Immigration Services

Aiming Higher

1717 E. Vista Way, Vista, CA | (760) 842-5111 | www.aiminghigherimmigration.org

Providing affordable immigration legal services with a mission to help keep families together. Services include consultation, green cards, visas, employment authorization, citizen and naturalization processing.

Emergency Housing

Bread of Life Winter Rescue Mission

Oceanside, CA 92054 | (760) 722-0800 | www.bolrescue.org

This winter shelter is open December 1 – March 31. Clients must pass a drug test. Must register between 4:30 – 6pm Monday – Friday to be considered for a shelter bed. No alcohol or drugs.

Brother Benno's Center, Brother Benno Foundation
3260 Production Ave., Oceanside, CA 92054 | (760) 439-1244 | www.brotherbenno.org
6 bed emergency shelter with a max stay of 30 days. Also a drop-in center that offers meals Monday – Saturday. Distributes clothing and basic toiletries, and provides showers, laundry facilities and haircuts. Offers prescription medication assistance for the uninsured to families with children, seniors age 60+ and to disabled individuals who live in Oceanside only.

Center for Community Solutions North County, Hidden Valley House
(760) 839-4722
No-cost 30-day emergency shelter program for domestic violence (male and female) victims and their children. Provides safety planning for all members of the family, food and clothing.

Haven House, Interfaith Community Services
550 West Washington St., Escondido, CA 92025 | (760) 489-6380 x 274 | interfaithservices.org
Offers nighttime shelter to persons 18+ who are already working or on track to gain employment. Dinner, breakfast, showers and laundry services available. Intakes are scheduled for M, W, F at 9am.

La Posada de Guadalupe Shelter
2476 Impala Dr., Carlsbad, CA 92010 | (760) 929-2322 | www.friendsoflaposada.org
Emergency housing and meals for sober homeless men for up to 3 months. Case management services include substance abuse, anger management and financial workshops. Translation and interpretation services are available.

Librel Services for Women and Children
620 2nd Street, Encinitas, CA 92024 | (760) 633-1111
This shelter is available to women with children who are victims of domestic violence. Maximum stay of 45 days.

Nueva Vida Haven
120 Elm Street, San Diego, CA | (619) 687-3720
This free, overnight shelter is open to single women or women with children under 17. Services include meals, showers, counseling and clothing.

Operation Hope

859 East Vista Way, Vista, CA 92084 | (760) 536-3880 | www.operationhopeshelter.org

Open to single women and families, this shelter provides families with a private bedroom as well as a single women's shared bedroom. Services include laundry, showers and computer banks.

Rachel's Night Shelter

759 Eight Ave., San Diego, CA 92101 | (619) 696-0873

Provides overnight shelter to single women age 18+ with no children.

Tikkun Home, Interfaith Community Services

550 West Washington Ave., Escondido, CA 92025 | (760) 489-6380

Provides temporary emergency shelter for homeless mentally or emotionally disturbed women age 18+. No couples, males, children or persons with alcohol/drug abuse problems.

Safe Parking Program, Dreams for Change

(619) 497-0236 | www.dreamsforchange.org

Applicant must apply for temporary parking space with the following requirements: zero tolerance for drugs/alcohol/violence, agree to move from vehicle to more stable housing, complete intake assessment, no criminal conviction of a major crime, participate and follow transition plan, and follow parking lot rules.

Operation Hope

859 East Vista Way, Vista, CA 92084 | (760) 536-3880 | www.operationhopeshelter.org

Open to single women and families, this shelter provides families with a private bedroom as well as a single women's shared bedroom. Services include laundry, showers and computer banks.

Solutions for Change

722 West California Ave., Vista, CA 92083 | (760) 941-6545 | www.solutionsforchange.org

This 4-6 month program equips families with the skills, knowledge and resources that create amazing life transformations. Programs include counseling services, parenting classes, leadership and household finance classes.

Transitional Housing

Alpha Project – Casa Raphael

933 Postal Way, Vista, CA 92083 | (760) 630-9922 | www.alphaproject.org

This is a 6-12 month inpatient drug rehab program. Participants begin seeking employment after 6 months of the program. Intake is M-W, F 12-3pm.

Amity Vista Ranch

2260 Watson Way, Vista, CA 92083 | (760) 599-1892 | www.amityfoundation.org

This is a 3-6 month residential program to integrate parolees into the community.

Family Recovery Center, Mental Health Services

1100 Sportfisher Dr., Oceanside, CA 92054 | (760) 439-6702 | www.mhsinc.org

A residential and outpatient treatment program dedicated to assisting women recover from substance abuse, while promoting healthy family reunification.

Fellowship Center

737 East Grand Ave., Escondido, CA | (760) 745-8478 | www.thefellowshipcenter.org

Post-detox residential facility that can support up to 60 people.

Good Samaritan Shelter

3260 Production Ave., Oceanside, CA 92058 | (760) 439-1244

This shelter is for men with alcohol abuse issues. Must make an appointment for an interview.

La Posada de Guadalupe Shelter

2476 Impala Dr., Carlsbad, CA 92010 | (760) 929-2322 | www.friendsoflaposada.org

Emergency housing and meals for sober homeless men for up to 3 months. Case management services include substance abuse, anger management and financial workshops. Translation and interpretation services are available.

North County Serenity House

950 N. Fig St./240 S. Hickory St., Escondido, CA 92026 | (760) 747-1015

| www.healthright360.org

This is a free transitional housing program for mothers after they have completed the alcohol and drug rehabilitation program. The housing has a capacity of 120 residents including children under 5.

Recuperative Care for Veterans, Interfaith Community Services

Escondido, CA | (760) 294-2025

Provides short term shelter for homeless veterans discharged from the VA and other individuals in need of medical care after a facility discharge. It is a 30-90 day program.

Veterans Transitional Housing, Interfaith Community Services

Escondido, CA | (760) 489-6380

Apartment complex in Escondido for homeless veterans.

Veterans Transitional Housing, Interfaith Community Services

Oceanside, CA | (760) 529-9979

Apartment complex in Oceanside for homeless veterans.

Low Rent Permanent Housing

For details of apartment complexes included in the Affordable Housing Inventory, download the San Diego County Housing brochure at the link below:

http://www.sandiegocounty.gov/content/dam/sdc/sdhcd/docs/rental-assistance/housing_resource.pdf

Meals Centers/Food Assistance

Bread of Life

919 Apple St., Oceanside, CA | (760) 722-0800

Brother Bennos
3260 Production Ave., Oceanside, CA | (760) 439-1244

Community Resource Center
650 Second Street, Encinitas, CA | (760) 753-1156
Provides struggling families with staple foods and basic necessities, as well as enrollment in government assistance food programs.

Fallbrook Food Pantry
1042 Mission Ave., Fallbrook, CA | (760) 728-7608

Food Pantry
222 Watson Way, Vista, CA | (760) 945-1003
1:00 – 6:00 pm afternoon food distribution.

Red Cross/WIC
1906 Oceanside Blvd., Oceanside, CA
Provides food voucher for infants and pregnant women.

Substance Abuse/Recovery Programs and Counseling

Alpha Project – Casa Raphael
933 Postal Way, Vista, CA 92083 | (760) 630-9922 | www.alphaproject.org
This is a 6-12 month inpatient drug rehab program. Participants begin seeking employment after 6 months of the program. Intake is M-W, F 12-3pm.

Casa Sober Lifestyle

Carlsbad, CA and Vista, CA | (877) 433-8693

Safe and sober living with shared and private rooms for long-term recovery from addiction. 30 day program.

CHOICES in Recovery

733 S. Santa Fe Ave., Vista, CA 92083 | (760) 945-5290

Non-profit with programs for medication assistant detox, residential transitional facilities, outpatient services and aftercare. The programs include addiction counselors, group therapy, legal support, and relapse prevention. Call for an intake appointment.

Emerald Serenity House

Vista, CA | (760) 622-5072

Safe, serene sober low rent living for women only recovering from addiction.

Exodus Recovery

524 West Vista Way, Vista, CA/1520 South Escondido Blvd., Escondido, CA | (760) 758-1150 | (760) 796-7760

The Mental Health Walk-In Assessment Center serves adults and seniors who are experiencing a mental health crisis.

Family Recovery Center, Mental Health Services

1100 Sportfisher Dr., Oceanside, CA 92054 | (760) 439-6702 | www.mhsinc.org

A residential and outpatient treatment program dedicated to assisting women recover from substance abuse, while promoting healthy family reunification.

Fellowship Center

737 East Grand Ave., Escondido, CA | (760) 745-8478 | www.thefellowshipcenter.org

Post-detox residential facility that can support up to 60 people.

Green Oaks Ranch

1237 Green Oaks Road, Vista, CA | (760) 727-0251

Camp and retreat for a wide breadth of group activities. A faith-based, 9 months alcohol/drug program.

McAlister Institute – North

2821 Oceanside Blvd., Oceanside, CA 92054 | (760) 721-2781 | www.mcalisterinc.org

Non-profit for outpatient setting only. Adult center has group counseling, case management. Group meetings are available every M-F at 9am and are open to the public. Outpatient is a 4-6 month program.

McAlister Institute North Inland Women's Recover Center

751 Rancheros Rd., San Marcos, CA 92025 | (760) 761-0515 | www.mcalisterinc.org

Non-profit for women and adolescent females who are recovering from substance abuse. Services include assessment and referral, treatment groups, counseling, day treatments, and recovery services.

Mental Health Systems – North Co. Center for Change

504 Vista Way, Vista, CA | (760) 940-1836 | www.mhsinc.org

Treatment program for individuals qualified through drug court. Services include case management, community prevention, substance abuse therapy programs.

North SD Alcoholics Anonymous

604 E. Vista Way, Vista, CA | (760) 758-2514

Fellowship for men and women support group. No charge. Call for more information and meeting schedules.

Pacific Palms Recovery Center

2215 Mesa Dr., Oceanside, CA | (800) 221-8750

Outpatient alcohol and drug 9-month treatment programs with services ranging from intervention to recovery.

Palomar Family Counseling

1002 East Grand Ave., Escondido, CA | (760) 741-2660 | www.palomarfamilycounseling.com

A non-profit organization focused on adult substance classes.

San Diego Access and Crisis 24 Hour Hotline
(888) 724-7240

This is a 24-hour hotline referral service to provide help with drug and alcohol treatment and mental illness.

Uplift Housing Network

www.sdslc.org/northcounty.html

This network is a collection of low income housing “cooperative” that have a list of North County homes that have vacancies for those who are recovering from drug or alcohol addiction. The link displays the latest vacancies from network members.

Victory Outreach Escondido

215 S. Hickory Street, Escondido, CA | (760) 745-9727

Faith-based alcohol/drug recovery program for women and men. Provides non-medical drug and alcohol residential rehabilitation facilities in a structured Christian environment.

Domestic Violence/Sexual Abuse

Becky’s House

(619) 234-3164

An emergency shelter for men and women of domestic violence who need immediate protection from their abusers. Clients live in individual apartments up to 12 months to allow transition to permanent housing.

Carol’s House

Encinitas, CA | (760) 633-1111

An emergency shelter and transitional housing facility for victims of domestic violence. Individuals must call into the hotline provided above to complete the screening process.

Center for Community Solutions

210 S. Juniper Street, Escondido, CA | (760) 747-6282

This organization provides services for survivors of domestic violence and sexual abuse. They

provide personal and group counseling, and advocacy services, as well as temporary shelter for domestic violence and sexual abuse victims.

Domestic Violence 24-Hour Hotline
(888) 385-4657

"No one is ever turned down." Non-profit organization focused on domestic violence, child abuse and sexual assault.

Las Valientes

1330 E. Vista Way, Vista, CA | (760) 439-1133

Specializes in providing legal support for domestic violence or sexual abuse victims. They handle all legal aspects including but not limited to legal advice, divorces, child support, court appearances, restraining orders and court issues.

Libre Domestic Violence Program

650 Second St., Encinitas, CA | (760) 753-1156

Provides a 45-60 day domestic violence shelter for women and their children. Emergency shelter accepts emancipated minors, single women, persons with disabilities, undocumented women and persons with AIDS.

Olive Crest (Safe Home for Children)

(800) 550-2445 x 1234

Volunteers who provide a safe home for children to stay in while life becomes more stable.

Project SafeHouse

(888) 385-4657

Provides temporary, emergency shelter for survivors of domestic violence and their children. Services include safety planning, crisis counseling, advocacy services and assistance with obtaining long-term safe housing.

Women's Resource Center (Domestic Violence Safe House)

1963 Apple St., Oceanside, CA | (760) 757-3500

Non-profit organization focused on domestic violence and sexual assault for both women, men and children. Services include counseling, shelter and education. They provide emergency shelter for up to 28 days and transitional housing for up to 2 years.

**Disclaimer: The Education to Career Network does not endorse, rate, recommend or evaluate any resources, programs or providers listed in the aforementioned resource list. The inclusion of resources, programs and providers in this resource list does not assume, warrant or guarantee quality of services. Any liability in connection with the quality of care provided rests solely on the resources, programs and providers listed.*